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DYMA'N GÊM NI. DYMA RYGBI CYMREIG.



DISCIPLINARY REGULATIONS 2018 - 2019



DISCIPLINARY REGULATIONS 2018/2019

DEFINITIONS

In these Disciplinary Regulations (the “**Disciplinary Regulations**”), the following words shall have the following meanings:

“**Age Grade**” means U19 rugby and age groups below U19 level in Wales;

“**Age Grade Person**” means (i) an Age Grade Player and (ii) any other Person involved in Age Grade rugby who is aged 17 or below;

“**Age Grade Player**” means a player of the Game at Age Grade level;

“**Appeal Panel**” means a panel appointed to hear an appeal in accordance with Regulations 11.14 and 11.15 of these Disciplinary Regulations;

“**Board of Directors**” means the board of directors for the time being of the WRU;

“**Club**” means a Welsh rugby union football club or organisation, including (unless expressly stated otherwise) a Regional Organisation and any other Member;

“**Disciplinary Notice**” means a notice to bring disciplinary proceedings in accordance with these Disciplinary Regulations;

“**Disciplinary Officer**” means a person appointed by the WRU to act on its behalf in matters arising under these Disciplinary Regulations;

“**Disciplinary Panel**” means a panel appointed to hear disciplinary cases in accordance with Regulations 6.6 and 6.7 of these Disciplinary Regulations;

“**Foul Play**” means a breach or breaches of Law 10 of the Laws of the Game;

“**Game**” means rugby union football;

“**Laws of the Game**” means the Laws of the Game as issued from time to time by World Rugby;



“Member” means a member of the WRU;

“Misconduct” means any act of Foul Play by a Player and/or any conduct, behaviour, statements or practices by a Member, a school, any Players, any other Persons, supporters or spectators, on or off the playing enclosure, during a match or otherwise, that is in breach of the Codes of Conduct and/or is unsporting and/or insulting and/or that brings or has the potential to bring the Game, the WRU and/or any sponsor or other partner of the WRU into disrepute;

“Person” means (i) a Player, trainer, referee, assistant referee or referee adviser, coach, selector, medical officer, physiotherapist, (ii) any other individual who is or has been at any time involved in the Game or in the organisation, administration or promotion of the Game, or (iii) any supporter or spectator of the Game;

“Person Charged” means a Person (or Club, where the context so provides) against whom disciplinary proceedings have been brought;

“Player” means a player of the Game;

“Playing Season” means the date on which the first fixture in the relevant competition is played each year until the date on which the last fixture in the relevant competition is played each year;

“Regional Organisations” means the Welsh rugby union football organisations designated as such from time to time by the Board of Directors;

“Secretary to the Appeal Panel” means a person appointed by the WRU to act as secretary to an Appeal Panel;

“School” means a school in Wales affiliated to the Welsh Schools Rugby Union;

“World Rugby” means the association of national rugby football unions in membership therewith in accordance with its bye-laws, that is the world governing body for the Game;

“World Rugby Regulations” means the rules and regulations from time to time of World Rugby;

“WRU” means The Welsh Rugby Union Limited; and



“**WRU Professional Disciplinary Panel**” means a panel appointed to hear disciplinary cases in accordance with Regulation 6.2 of these Disciplinary Regulations.

1 JURISDICTION

1.1 With effect from the start of the playing season 2018/2019, the disciplinary rules and procedures of the WRU shall be as set out in these Disciplinary Regulations.

1.2 These Disciplinary Regulations also apply to disciplinary matters arising out of the Game relating to the following:

- (a) District Members rugby;
- (b) Age Grade rugby (save in relation to matters pertaining to Age Grade Persons, which shall be dealt with in accordance with the Age Grade Rugby Disciplinary Regulations);
- (c) Women’s rugby; and
- (d) Wales Deaf rugby.

1.3 Where a School is charged in relation to the Misconduct of its Persons other than Age Grade Persons, the WRU shall have the right to bring the charge pursuant to these Regulations and references to ‘Club’ in these Regulations shall be construed as applying to Schools.

1.4 Each Club is responsible for ensuring that each of its Players, team managers, coaches, Club officials and spectators are aware of and comply with these Disciplinary Regulations.

1.5 These Disciplinary Regulations also include:

- (a) the Table of Recommended Sanctions for Offences within the Playing Enclosure (set out in **Appendix 1**);
- (b) the Codes of Conduct (set out in **Appendix 2**);
- (c) the disciplinary protocol to be followed in respect of cross-border friendly matches (set out in **Appendix 3**); and



- (d) the Protocol for Matches in Wales (set out in **Appendix 4**)
 - (e) player directions for personal hearings (set out in **Appendix 5**)
 - (f) Disciplinary Process Timelines/Timescales Summary (set out in **Appendix 6**)
- 1.6 For the avoidance of doubt, these Disciplinary Regulations do not apply to:
- (a) anti-doping offences which are dealt with under the WRU Anti-Doping Regulations; or
 - (b) safeguarding matters which are dealt with by the WRU Safeguarding Policy.
- 1.7 Players may be subject to a separate disciplinary process when playing in a competition the rules of which provide for a separate process, such as the competitions organised by European Professional Club Rugby, Celtic Rugby Limited and the Rugby Football Union (in respect of the Anglo-Welsh Cup and the British and Irish Cup competitions) and the U23 Celtic Cup.

2 GENERAL PROVISIONS RELATING TO ALL DISCIPLINARY CASES AND APPEALS

Standard of Proof

- 2.1 The standard of proof in all disciplinary cases (including before Appeal Panels) is the balance of probabilities.

Rules of Evidence

- 2.2 It should be borne in mind that the bodies subject to these provisions are not courts of law and are disciplinary, rather than arbitral, bodies.
- 2.3 Proceedings, findings or decisions of Disciplinary Panels, WRU Professional Disciplinary Panels or Appeal Panels shall not be invalidated by reason of any minor defect, irregularity, omission or technicality unless such defect, irregularity, omission or technicality raises a material doubt as to the reliability of the relevant proceedings, findings or decisions.
- 2.4 Disciplinary Panels, WRU Professional Disciplinary Panels and Appeal Panels shall not be obliged to follow strict rules of evidence. They may admit such evidence as they think fit and accord such evidence such weight as they think appropriate in all the circumstances.



- 2.5 The bodies subject to these provisions shall have power to regulate their own procedure.
- 2.6 Disciplinary Panels, WRU Professional Disciplinary Panels or Appeal Panels may draw such inference from the failure of a witness (including the Person Charged) to give evidence or answer a question as it considers appropriate.
- 2.7 Where the subject matter of disciplinary proceedings is sufficiently linked (including, but not limited to, where an incident occurs at the same match or where there is common WRU or defence evidence or where a Disciplinary Panel, WRU Professional Disciplinary Panel or Appeal Panel believes it appropriate for the timely and efficient disposal of the proceedings) those disciplinary proceedings may be heard together. In the event that the case against one Person Charged would ordinarily be dealt with by the WRU Professional Disciplinary Panel and the case against the other Person Charged would ordinarily be dealt with by the Disciplinary Panel, the Disciplinary Panel shall have the right to refer the disciplinary proceedings that would ordinarily have been dealt by it to the WRU Professional Disciplinary Panel for determination.
- 2.8 Where proceedings are consolidated pursuant to Regulation 2.7 above, evidence adduced by or on behalf of a Person Charged shall be capable of constituting evidence against another Person Charged. The Disciplinary Panel, WRU Professional Disciplinary Panel or Appeal Panel (as applicable) shall give appropriate weight to such evidence. Persons Charged or their representatives shall be entitled to cross-examine other Persons Charged and their witnesses. The Disciplinary Panel, WRU Professional Disciplinary Panel or Appeal Panel (as applicable) may hear evidence in any order and shall have complete discretion to take matters out of order for the timely, efficient and appropriate disposal of the proceedings.

Representation

- 2.9 The WRU may appoint a person to assist with the prosecution of any disciplinary case or appeal.
- 2.10 A Person or Club whose conduct is the subject of a Misconduct complaint may be represented at a disciplinary hearing or an appeal hearing by one person of their choice (in addition to representatives from the Club) and shall be entitled to be present throughout the proceedings, except during the deliberations of the Disciplinary Panel, the WRU Professional Disciplinary Panel or Appeal Panel (as applicable). For the avoidance of doubt, this Regulation does not limit the number of witnesses that a Person or Club whose conduct is the subject of a Misconduct complaint may call to give evidence.

Confidentiality

- 2.11 The proceedings of Disciplinary Panels, the WRU Professional Disciplinary Panels and Appeal Panels shall take place in private.
- 2.12 Subject to Regulations 2.13 to 2.16 below, all oral or written representations, submissions, evidence and documents created in the course of any proceedings are confidential between the WRU and the individual or body concerned.



- 2.13 All oral or written representations, submissions, evidence and documents created in the course of any proceedings, representations, submissions and evidence and representations shall be subject to qualified privilege.
- 2.14 The WRU shall have the power to publish in the public press, on a website or in any other manner considered appropriate:
- (a) the decisions of Disciplinary Panels, WRU Professional Disciplinary Panels and Appeal Panels made under these Disciplinary Regulations, which may include details of offences committed under these Disciplinary Regulations and of any sanctions imposed; and
 - (b) any representations, submissions, evidence and documents created in the course of proceedings, or evidence, whether or not this reflects on the character or conduct of a Person Charged.
- 2.15 Until such time as a decision is published by the WRU, all parties and participants in the proceedings shall treat such proceedings as confidential.
- 2.16 The WRU shall have the right to use and rely upon any representations, submissions, evidence and documents that are provided to it during the course of any inquiry and/or is created or otherwise generated during the proceedings of a Disciplinary Panel, WRU Professional Disciplinary Panel or Appeal Panel for the purpose of carrying out its regulatory functions and monitoring and implementing compliance with its Rules and Regulations.

Service of Documents

- 2.17 Communications from the WRU to a Club and/or a Person shall be deemed to have been validly made and delivered if addressed to the Secretary of a Club or Chief Executive of a Regional Organisation at the postal address and/or valid email address of the Club or Regional Organisation (as applicable). It is the responsibility of the Club or Regional Organisation to notify the WRU in writing of any temporary or permanent changes of contact details and to make adequate arrangements to deal with absences (for example, in the case of holiday or sickness).

3 DISCIPLINARY OFFENCES

Red cards

- 3.1 A Player who is red carded (when a Player is sent off the playing enclosure permanently by the referee) can take no further part in the match in which he was sent off but may play in subsequent matches (unless otherwise notified by the WRU) until such time as his case is determined by the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable).



- 3.2 In cases where a Club's 1st XV (which is not a Regional Organisation team) has six Players sent off during the season, or where the Players sent off and Club officials reported by match officials when combined total six during the season, the Club will be fined 5% of the sum of the core grant made available to it in the season by the WRU. For each Player over six that is sent off, or Club officials reported over six, an additional fine of 1% of the sum of the core grant made available to it in the season by the WRU will be imposed on the Club.
- 3.3 In cases where a Regional Organisation's team has six Players sent off, or where the Players sent off and Regional Organisation's officials reported by match officials when combined total six or more in that season, such financial penalties as the WRU Professional Disciplinary Panel may determine shall be imposed on that Regional Organisation.

Yellow cards

- 3.4 Players who receive a yellow card (when a Player is cautioned in a match by the referee and temporarily sent off the playing enclosure for a period of ten minutes of playing time) shall not, save in truly exceptional circumstances, lodge an appeal to a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable).
- 3.5 If a Player is issued with two yellow cards in any one match and at least one of those yellow cards is issued for Foul Play, this will constitute a red card and the appropriate sanction will be determined by reference to the available sanctions for offences committed, as set out in Appendix 1 and determined by a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable).
- 3.6 Where, in accordance with Regulation 3.5, a Player has been sent off as a result of receiving two yellow cards and one or both of those yellow cards was awarded for Foul Play, the Player may challenge one or both of the Foul Play yellow cards. However, the player may not challenge the award of a Yellow Card for a technical offence. If the Disciplinary Panel or WRU Professional Disciplinary Panel permits a challenge against one or both of the Foul Play yellow cards and the challenge is upheld:
- (a) the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) may consider if the sending off is a sufficient sanction to be imposed; and
 - (b) the red card shall be expunged from the Player's record.
- 3.7 The right of appeal in Regulations 3.4 and 3.6 above may only be exercised in truly exceptional cases, for example in a case of mistaken identity. It is not intended to encourage or lead to the systematic, regular review or contesting of yellow cards given to Players in matches.
- 3.8 In the event that an appeal is lodged pursuant to Regulations 3.4 or 3.6, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) shall first determine as a preliminary issue whether or not there are any truly exceptional circumstances and only if it so determines will it then proceed to deal with the



appeal.

- 3.9 Where both of the yellow cards were issued for technical offences (where no act of Foul Play took place), the Disciplinary Panel and WRU Professional Disciplinary Panel (as applicable) will have the discretion to consider whether the sanction imposed should be one of sending off sufficient.
- 3.10 Players who are yellow carded on three occasions during the season will be automatically suspended for a period of one week following notification from the WRU. If a Player accumulates a further three yellow cards during the season he/she will automatically be suspended for a further period of two weeks. For the avoidance of doubt, any yellow card which is the subject of a successful appeal in accordance with Regulation 3.4 or 3.6 shall not fall to be considered for the purposes of this Regulation 3.10.

Misconduct

- 3.11 Any act or acts of Misconduct shall constitute an offence under these Disciplinary Regulations that may result in disciplinary proceedings being brought and (where appropriate) sanctions being imposed on the Person(s) and/or Club involved. For the avoidance of doubt, a Person and/or Club may be sanctioned for Misconduct that relates to conduct during a match even if the match referee has already penalised one or more Players for that conduct and/or the conduct has been the subject of a citing complaint.
- 3.12 Any matter that constitutes or is capable of constituting Misconduct shall be considered by the Disciplinary Officer on referral by the WRU, at his/her own instigation or as a result of a party submitting a Code of Conduct Report in accordance with Appendix 2. However, while the WRU may direct the Disciplinary Officer to investigate a matter and/or bring a Misconduct complaint, any other party may not. In the latter case, the Disciplinary Officer shall have sole discretion to determine whether to investigate a matter and/or bring a Misconduct complaint under these Disciplinary Regulations, and his/her decision shall be final and shall not be subject to appeal by any party.
- 3.13 In carrying out his/her functions under Regulation 3.12 above, the Disciplinary Officer shall be entitled to undertake such investigations as he/she deems appropriate, and every Club and Person shall be obliged to cooperate with such investigations. Such cooperation may include (but is not limited to) Players and Club representatives making themselves available for interview by, or providing documents to, the Disciplinary Officer or his/her representatives. A failure or refusal to cooperate with such investigations may itself constitute Misconduct under these Disciplinary Regulations.

4 INTERIM SUSPENSIONS

- 4.1 Whilst disciplinary proceedings are to be preferred, the Disciplinary Officer shall have the power to issue an interim suspension order against a Person against whom an allegation of Misconduct has been made and is being investigated in the event



that the Disciplinary Officer determines that such a suspension is in the interests of the Game.

- 4.2 An interim suspension order may be issued without a hearing and, subject to Regulations 4.3 and 4.4 below, the interim suspension may be on such terms and for such period as the Disciplinary Officer directs. Notification of the interim suspension order shall be made to the relevant Club or School as soon as reasonably practicable.
- 4.3 Any Person subject to an interim suspension order shall have the right of appeal before a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable). The procedure for the appeal shall be determined by the Chairman of the Disciplinary Panel or the Chairman of the WRU Professional Disciplinary Panel (as applicable).
- 4.4 An interim suspension order shall automatically cease:
- (a) when the matter has been dealt with at a disciplinary hearing; or
 - (b) when the Disciplinary Officer confirms that no further disciplinary action is to be taken.

5 CRIMINAL CONVICTIONS/CAUTIONS

Where an individual has been cautioned or convicted of a criminal offence which directly or indirectly relates to the playing, administration or image of the Game, the Disciplinary Officer shall have the power to refer the matter to a Disciplinary Panel and/or Professional Panel to determine whether or not to hold a hearing. A person so sanctioned shall have the right of appeal within 14 days, beginning with the date on which the written decision was sent, to an Appeal Panel which shall be convened as soon as reasonably practicable. The procedure for the hearing shall be determined by the Chairman of the Appeal Panel.

6 APPOINTMENT OF WRU PROFESSIONAL DISCIPLINARY PANELS / DISCIPLINARY PANELS

WRU Professional Disciplinary Panel

6.1 Where disciplinary proceedings relate to:

- (a) a Player, coach or employee of a Regional Organisation, whose only or main occupation is the playing, coaching and/or administration of the Game and who, at the time of the alleged offence or breach of the Codes of Conduct, was employed by a Regional Organisation; or
- (b) an official who, at the time of the alleged offence or breach of the Codes of Conduct, was officiating at Regional Organisation level

they shall be dealt with by a WRU Professional Disciplinary Panel.



- 6.2 Subject to Regulation 6.3 below, the WRU shall appoint a WRU Professional Disciplinary Panel which will comprise:
- (a) a legally qualified Chairman;
 - (b) a former player; and
 - (c) a member of the disciplinary sub-committee of the WRU Community Game Sub-Board (who shall be from a District which has no connection with the Player, coach or employee of the relevant Regional Organisation).
- 6.3 The WRU may, where it considers it necessary in its sole discretion, appoint a second legally qualified person to sit on a WRU Professional Disciplinary Panel instead of a former player or a member of the disciplinary sub-committee of the WRU Community Game Sub-Board.
- 6.4 The provisions in Regulation 6.1 above also apply to a Player of a Regional Organisation whose only or main occupation is the playing of the Game and who, at the time of the alleged offence or breach of the Codes of Conduct, was employed by a Regional Organisation but was playing under permit to a Club that is not a Regional Organisation.
- 6.5 Breaches of the WRU's Players Agents Regulations shall, unless otherwise determined by the WRU in accordance with the WRU's Players Agents Regulations, be dealt with by the WRU Professional Disciplinary Panel.

Disciplinary Panel

- 6.6 Save as provided for in Regulations 2.7 and 6.1 to 6.5 above, disciplinary offences, including breaches of the Codes of Conduct, shall be dealt with by a Disciplinary Panel appointed by the WRU which shall comprise of at least three members of the disciplinary sub-committee of the WRU Community Game Sub-Board, none of whom shall be from a District which has a connection with the Player(s), match officials or Clubs participating in the match in which the alleged offence occurred.
- 6.7 The WRU may, where it considers it necessary in its sole discretion, appoint a legally qualified person to sit on a Disciplinary Panel instead of or in addition to one of the members of the disciplinary sub-committee of the WRU Community Game Sub-Board.

7 MISCONDUCT CASES

Disciplinary Notice

- 7.1 Disciplinary proceedings shall be commenced against a Person or Club by the serving on them of a Disciplinary Notice by or on behalf of the WRU.



- 7.2 A Disciplinary Notice shall contain, or incorporate by reference to other documents, the material facts relied upon and particulars of the Misconduct alleged by reference to those facts. Any defect in a Disciplinary Notice shall not preclude the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) proceeding to consider and determine the allegations of Misconduct.

Response

- 7.3 A party that receives a Disciplinary Notice shall within seven days of receipt of the Disciplinary Notice confirm in writing:
- (a) whether he/she/it admits the offence specified in the Disciplinary Notice and wishes to plead guilty; or
 - (b) whether he/she/it disputes the allegations set out in the Disciplinary Notice.
- 7.4 Should a Player request a personal hearing for a red or yellow card offences, this request must be made in writing to the Disciplinary **Officer within seven days of receipt of the Disciplinary Notice**. A cheque for £100 made payable to The Welsh Rugby Union Limited must accompany a request for a personal hearing. The fee will be retained should the player who requested the personal hearing not attend the personal hearing. The player will be requested to provide written reasons as to why he or she has requested a personal hearing (**Appendix 5**).
- 7.5 Where a Player requests a personal hearing in writing in accordance with Regulation 7.4 above, the match referee will be invited to attend the hearing. Furthermore, if a referee adviser was present at the match and reported seeing the reported offence, he will also be invited to attend the hearing. The Player will be provided with a date to appear before a WRU Disciplinary Panel and/or WRU Professional Disciplinary Panel. If the Player is unable to attend an initial hearing date, the Player will then be provided with a revised and final date. Failure to attend the revised date will result in the WRU Disciplinary Panel and/or WRU Professional Disciplinary Panel concluding the matter in the Player's absence. In only exceptional circumstances may an extension be granted by the Chairman of the Disciplinary Committee.
- 7.6 If a Player does not request a personal hearing in writing in accordance with Regulation 7.4 above, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) will proceed to deal with the Misconduct specified in the Disciplinary Notice in the absence of the Player.

Directions

- 7.7 The procedure for the disciplinary proceedings shall be determined by the Chairman of the Disciplinary Panel or the Chairman of the WRU Professional Disciplinary Panel (as applicable) who may give any directions necessary for the proper conduct of proceedings including, but not limited to:
- (a) requiring that parties make written submissions in advance of the hearing;
 - (b) extending or abridging time limits;



- (c) requiring disclosure of documents in possession of the parties;
- (d) granting an adjournment; and/or
- (e) establishing the date, time and place of any hearing.

Attendance / Adjournments

- 7.8 Subject to Regulations 7.4 to 7.5 above, the Person Charged and, where relevant, a Club representative must attend the hearing, unless the Chairman of the Disciplinary Panel or the Chairman of the WRU Professional Disciplinary Panel (as applicable) directs that the hearing may proceed without such attendance. Where relevant, the match referee and/or referee adviser shall be invited to attend the hearing, although their attendance is not mandatory and no inference may be drawn if the match referee and/or referee adviser does not attend and the hearing may proceed without such attendance.
- 7.9 Where a Person Charged fails to attend a hearing, the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) has the discretion to adjourn the hearing or, where it is satisfied that there are no reasonable grounds for the failure to attend, to:
- (a) proceed to hear the case against the Person Charged; or
 - (b) suspend the Person Charged until such time as he/she appears.
- 7.10 Where a Person is subject to a Misconduct complaint pursuant to Regulation 3.11 above and is or is likely to be subject to civil or criminal proceedings arising from the circumstances which are the subject of the Misconduct complaint, the Disciplinary Officer, the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) will decide whether it is in the interests of the Game to proceed pending the outcome of those proceedings. If he/it adjourns the matter until the conclusion of the civil or criminal proceedings, the Disciplinary Officer may impose an interim suspension on the Person against whom the allegations are made in accordance with Regulation 4.1 above.

Decision

- 7.11 Where the alleged offence is not admitted, the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) shall consider their decision in private and shall determine whether the alleged offence has been proven. The Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) shall reach a decision on a majority vote with the Chairman having the casting vote in the event of equality.

Sanction

- 7.12 Where the offence is admitted or proven, the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) shall proceed to hear submissions regarding



sanction:

- (a) the Person charged may call evidence as to character and address the Disciplinary Panel in mitigation;
- (b) the WRU and/or the party that submitted the Code of Conduct Report and/or the party that made the citing may make representations as to any aggravating factors; and
- (c) the Person's charged previous disciplinary record in all rugby union competitions during his/her playing career and in other sports (as appropriate) shall be considered.

7.13 Whilst each case will be dealt with on its merits, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) will apply the World Rugby list of recommended sanctions for offences within the playing enclosure (in accordance with World Rugby Regulation 17). The list of sanctions is set out in Appendix 1, which shall be deemed to have been automatically amended to reflect any amendment or change approved by the World Rugby during the season.

7.14 In cases of fully professional players, the WRU Professional Disciplinary Panel shall (in addition to the right under Regulation 7.13 above) have the right to impose financial penalties.

7.15 In respect of offences not covered by the list of recommended sanctions set out in Appendix 1, appropriate sanctions may be imposed at the sole discretion of the Disciplinary Panel or the WRU Professional Disciplinary Panel (as the case may be) which may include but not be limited to:

- (a) for a Person, a reprimand, a financial penalty and/or suspension from playing or administration of the Game or both; or
- (b) for a Club, in addition to the sanctions set out in Regulation 7.15(a) above, deduction of league points, relegation and/or exclusion or disqualification from any competition.

7.16 The Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) shall undertake an assessment of the seriousness of the Player's conduct, which constitutes the offending and categorise the offence as being at the lower end (LE), mid range (MR) or top end (TE) of the scale of seriousness in order to identify the appropriate entry point for consideration of a particular incident(s) where such incident(s) is expressly covered in the World Rugby list of recommended sanctions for offences within the playing enclosure. Such assessment of the seriousness of the Player's conduct shall be determined by reference to the following features of offending:

- (a) whether the offending was intentional or deliberate;



- (b) whether the offending was reckless, that is the player knew (or should have known) there was a risk of committing an act of Foul Play;
- (c) the gravity of the Player's actions in relation to the offending;
- (d) the nature of the actions, the manner in which the offence was committed including part of body used (for example, fist, elbow, knee or boot);
- (e) the existence of provocation;
- (f) whether the Player acted in retaliation and the timing of such;
- (g) whether the Player acted in self-defence (that is whether he used a reasonable degree of force in defending himself);
- (h) the effect of the Player's actions on the victim (for example, extent of injury, removal of victim Player from the Game);
- (i) the effect of the Player's actions on the match;
- (j) the vulnerability of the victim Player including part of the victim's body involved/affected, position of the victim Player, ability to defend himself;
- (k) the level of participation in the offending and level of premeditation;
- (l) whether the conduct of the offending Player was completed or amounted to an attempt; and
- (m) any other feature of the Player's conduct in relation to or connected with the offending.

7.17 Having identified the applicable entry point for consideration of a particular incident, the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) shall identify all relevant aggravating factors and determine what additional period of suspension, if any, above the applicable entry point for the offence should apply to the case in question. Aggravating features include:

- (a) the Player's status generally as an offender of the Laws of the Game;
- (b) the need for a deterrent to combat a pattern of offending in the Game (to include the application of any relevant World Rugby guidance); and
- (c) any other off-field aggravating factor(s) that the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) considers relevant and appropriate.

7.18 Thereafter, the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) shall identify all relevant mitigating factors and determine if there are



grounds for reducing the period of suspension, if any. Mitigating factors include:

- (a) the presence and timing of an acknowledgment of culpability/wrong doing by the offending Player;
- (b) the Player's disciplinary record and/or good character;
- (c) the youth and inexperience of the Player;
- (d) the Player's conduct prior to and at the hearing;
- (e) the Player having demonstrated remorse for his/her conduct to the victim Player including the timing of such remorse; and
- (f) any other off-field mitigating factor(s) that the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) considers relevant and appropriate.

7.19 Neither the Disciplinary Panel nor the WRU Professional Disciplinary Panel (as applicable) may apply a reduction for a sanction which is greater than 50% of the relevant sanction entry point. In assessing the percentage reduction applicable for mitigating factors, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) shall start at no reduction and apply the amount, if any, to be allowed by way of mitigation up to the maximum reduction (50%).

7.20 In cases involving offending that has been classified pursuant to Regulation 7.16 as lower end offending, where:

- (a) there are off-field mitigating factors; and
- (b) where the Disciplinary Committee or Judicial Officer considers that the sanction would be wholly disproportionate to the level and type of offending involved;

the Disciplinary Panel or the WRU Professional Disciplinary Panel may apply sanctions less than 50% of the lower end entry sanctions specified in Appendix 1 including in appropriate cases no sanction.

7.21 Notwithstanding the above, in cases where the Player's actions constitute mid range or top end of offending for any type of offence which had the potential to result and/or did result in serious/gross consequences to the health of the victim, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) may impose any period of suspension (including a suspension for life) as it deems appropriate.



Suspensions and other sanctions

- 7.22 In accordance with World Rugby Regulation 17, suspensions will be calculated in numbers of weeks and will be imposed until a stated date.
- 7.23 Any period of suspension imposed:
- (a) will commence immediately following the written notification or, where the Player attends a personal hearing, oral notification of the decision of the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable);
 - (b) may be divided into two separate periods in order to exclude the whole or part of the closed season provided that the Player is not permitted to play the Game (in any form) during such closed season; and
 - (c) shall apply universally such that a Player may not play the Game (in any form) anywhere during the period of suspension.
- 7.24 If a Player's suspension has not finished by the end of the 2018-2019 Playing Season, it shall continue until a stated date in the next Playing Season, unless he/she has been selected for a close season tour, or he/she intends to play during the close season in another Union. In this event the period of the tour in the Playing Season in the visited Union and the fact that he/she intends to play in another Union shall be taken into account in determining when the suspension shall come to an end.
- 7.25 Sanctions other than suspensions shall take effect in accordance with the written decision of the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable).

Notification of the decision

- 7.26 The Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) shall deliver its decision to the parties to the disciplinary proceedings orally at the end of the disciplinary hearing or in writing within five days after the conclusion of the disciplinary hearing.
- 7.27 Where a party to the disciplinary proceedings requires that written reasons be produced it must request such reasons within 48 hours following receipt of the decision, following which written reasons will be produced by the Disciplinary Panel or WRU Professional Disciplinary (as applicable) as soon as is reasonably practicable.

8 CITING CASES

- 8.1 The Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) will consider cases in which a Player is cited for an act of Foul Play.
- 8.2 A Player may be cited for an act of Foul Play by:



- (a) a Club involved in the relevant match;
 - (b) a match official involved in the relevant match; or
 - (c) a member of the Board of Directors.
- 8.3 The citing may be for an act of Foul Play dealt with by match officials at the time as well as for incidents of Foul Play which were not detected by match officials.
- 8.4 To be valid, a citing must be in writing and addressed to the WRU Disciplinary Department and should be accompanied by a recording (DVD/media file) of the relevant incident and must be lodged within five days of the date of the relevant match. For the avoidance of doubt, any recordings (DVD/media file) provided to the WRU may be made available to other parties to the citing case and, more generally, used by the WRU for the purpose of carrying out its regulatory functions and monitoring and implementing compliance with its Rules and Regulations. Failure to provide a recording (DVD/media file) at the same time as the written citing shall not invalidate the citing but the recording (DVD/media file) must be lodged with the WRU Disciplinary Department in time for the Player who has been cited to adequately consider and prepare for the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) hearing.
- 8.5 It shall be Misconduct under these Disciplinary Regulations to make a citing frivolously or in bad faith (such as in retaliation for a citing complaint made by another Club).
- 8.6 On receipt of a citing, the WRU Disciplinary Department will write to the Club of the Player cited to advise them of the citing and provide that Club with a copy of the recording (DVD/media file) of the relevant incident and inform them that they are required to attend a hearing of the citing before a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable). The Player will also be requested to provide his/her response/directions as set out in **Appendix 5**.
- 8.7 Once the WRU Disciplinary Department has received a citing, it may only be withdrawn at the discretion of the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable).
- 8.8 The WRU Disciplinary Department may, in its sole discretion, refer the citing complaint to the Disciplinary Officer or such other person whom the WRU Disciplinary Department considers to be appropriately experienced for review, in order to establish whether the citing complaint received satisfies the red card threshold, before any disciplinary proceedings are commenced.
- 8.9 The Player, a representative of his Club, representatives of the Club that made the citing or the person citing the Player will be requested to attend a hearing of the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable). If the representative of the Club that made the citing or the person citing the Player fails



to attend the hearing, the citing will not be dismissed and the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) may proceed to a decision in the matter.

- 8.10 Match officials may be invited to attend the hearing when required but such attendance is not mandatory and no inference may be drawn if the match official does not attend. The hearing may proceed without such attendance.
- 8.11 Subject to the power of the Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) to regulate its own procedures, the following procedural steps shall ordinarily be followed:
- (a) the recording of the incident will be viewed without the sound or commentary associated with it being heard (save where the sound commentary includes the comments made by the referee through his microphone in relation to the specific incident in question) and in the presence of all those persons attending the hearing;
 - (b) the Player and Club representatives will then leave the hearing after answering any questions which the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) may have;
 - (c) the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) shall be entitled to call on experts to provide specialist advice, including legal advice;
 - (d) the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) will make its decision in private; and
 - (e) the Player and the representatives of both Clubs will be invited to return to the hearing to be advised of the decision of the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable).
- 8.12 If an offence is proven, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) may deal with the matter in the same way as a sending off or a yellow card offence and impose a sanction in accordance with the list of sanctions set out in Appendix 1.

9 PLAYERS AGENTS REGULATIONS CASES

Where a breach (or breaches) of the WRU's Players Agents Regulations is proved, the WRU Professional Disciplinary Panel (if that is the Panel that has dealt with the case) may impose such sanctions and penalties as it deems necessary and appropriate in respect of the relevant breach(es), in accordance with the WRU's Players Agents Regulations.



10 COSTS

- 10.1 The costs of administering the Disciplinary Panel or WRU Professional Disciplinary Panel (including the fees of those sitting on the Disciplinary Panel or WRU Professional Disciplinary Panel) shall be borne by the WRU.
- 10.2 Any costs incurred in bringing or defending disciplinary proceedings shall be borne by the party incurring those costs.

11 APPEALS

- 11.1 A Person or Club that has been found guilty of an offence may appeal the decision of a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) to an Appeal Panel.
- 11.2 In a citing case, the party that made the citing may appeal the decision of a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) to an Appeal Panel.
- 11.3 The WRU shall have a right to appeal any decision of a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) to an Appeal Panel.
- 11.4 Pending an appeal, a Player who has been suspended shall not be eligible to play the Game (in any form) until the earlier of:
- (a) the appeal being determined by an Appeal Panel; and
 - (b) the suspension imposed by the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) expiring.
- 11.5 Ordinarily, the parties to an appeal shall be entitled to make oral submissions to the Appeal Panel but an appeal shall be by way of a review of documents only without witness evidence. The evidential assessment of the Disciplinary Panel or WRU Professional Disciplinary (as applicable) at first instance should not be overturned save as in circumstances where central findings of fact made by the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) are clearly wrong.
- 11.6 A de novo hearing against the decision of a Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable) may be permitted if the Appeal Panel considers it to be in the interests of justice. This will only be permitted in exceptional circumstances, such as when new evidence which was not reasonably available at the original hearing is to be adduced.



Notice of Appeal

- 11.7 Any appeal brought under Regulations 11.1 to 11.3 above must be served on the WRU Disciplinary Department within 48 hours of notification of the decision of the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable).
- 11.8 For the avoidance of doubt, the time limit specified in Regulation 11.7 above shall include weekends and Bank Holidays.
- 11.9 The notice of appeal shall be served on the WRU Disciplinary Department in writing (by letter and/or email) and must be signed by the Person or Club serving the appeal (the "Appellant"). The notice of appeal must be accompanied by a cheque of £100 (made payable to The Welsh Rugby Union Limited) which may or may not be returned and shall specify:
- (a) the name of the Person or Club lodging the appeal;
 - (b) the decision appealed against;
 - (c) the date of the decision appealed against; and
 - (d) the specific grounds of the appeal.
- 11.10 For the purposes of Regulation 11.7 above, the notification of the disciplinary decision will be deemed to have been delivered:
- (a) when it is communicated at the end of the disciplinary hearing;
 - (b) where written notification is served by first class post, the second day after it has been sent by first class post to the Club and/or Person;
 - (c) where written notification is served by fax or e-mail, on the second day after the day on which it is transmitted; or
 - (d) where a party requests written reasons in accordance with Regulation 7.26 above:
 - (i) where the written reasons are provided by first class post, on the second day after the written reasons have been sent by first class post to the Club and/or Person; or
 - (ii) where the written reasons are provided by fax or email, on the second day after the day on which it is transmitted.



- 11.11 For the purposes of Regulation 11.9 above, the notice of appeal will be deemed to have been served:
- (a) where it has been sent by post, the second day after it has been sent by first class post by the Appellant;
 - (b) where it has been sent by fax, if it is transmitted on a business day before 4pm on that day, or in any other case, on the business day after the day on which it is transmitted; or
 - (c) where it has been sent by e-mail, on the second day after the day on which it is transmitted.
- 11.12 In case of any dispute in relation to the sending of a notice of appeal, the burden shall be on the Person making the appeal to produce evidence of posting or confirmation of transmission (as appropriate).
- 11.13 An appeal may only be withdrawn if the Chairman of the Appeal Panel grants permission to such withdrawal.

Composition of Appeal Panel

- 11.14 Subject to Regulation 11.15 below, appeals shall be dealt with by an Appeal Panel appointed by the WRU which shall comprise three members made up of one or more of the following:
- (a) a legally qualified person;
 - (b) a former player;
 - (c) a member of the Board of Directors.
- 11.15 The Appeal Panel shall in all cases comprise at least one legally qualified person, who shall act as Chairman.

Powers of Appeal Panel

- 11.16 The Appeal Panel has the power to:
- (a) dismiss the appeal;
 - (b) quash a finding and any sanction imposed by the original Disciplinary Panel or WRU Professional Disciplinary Panel (as applicable);
 - (c) remit the matter for a re-hearing;



- (d) substitute an alternative finding;
- (e) reduce or increase the original sanction; and/or
- (f) make such further order as it considers appropriate.

Attendance of the Appeal Hearing

- 11.17 Where the appeal is against a decision which followed a citing or is in respect of a Code of Conduct case not arising from a player being sent off, the party responsible for the complaint shall be entitled to a copy of the documents to be referred to at the appeal and shall be invited to attend the appeal hearing to prosecute the case.
- 11.18 A match official or referee adviser (if one was present at the relevant match) may be invited to attend the appeal hearing where there is an issue of fact to be determined and in any case where the Chairman of the Appeal Panel or the Disciplinary Officer considers it desirable. Such attendance is not mandatory and no inference may be drawn if the match official (and/or referee adviser) does not attend. The hearing may proceed without such attendance.
- 11.19 A member of the original panel which heard the case at first instance may attend the appeal hearing as an observer. He may give evidence at the appeal hearing about the first hearing where it becomes apparent that the Appellant or any witnesses (where witness evidence has exceptionally been allowed) have changed their account of what had occurred.
- 11.20 The Secretary to the Appeal Panel (or his/her nominee) shall be in attendance and shall record the decision of the Appeal Panel.

Procedure for Appeal

- 11.21 The procedure for the appeal shall be determined by the Chairman of the Appeal Panel who may give directions as to the procedure for the appeal and the evidence to be adduced in order to limit the issues to be adjudicated upon or for the more efficient determination of the hearing including, but not limited to:
 - (a) requiring that parties make written submissions in advance of the hearing;
 - (b) extending or abridging time limits;
 - (c) requiring disclosure of documents in possession of the parties;
 - (d) granting an adjournment; and/or



(e) establishing the date, time and place of the hearing.

11.22 Where a de novo hearing is exceptionally permitted, the Appeal Panel shall have regard to, but shall be entitled to depart from, the procedure for the appeal hearing set out below:

(a) the body or person responsible for the citing or complaint shall call his evidence first;

(b) where the appeal is against a finding of fact, the evidence against the Person making the appeal shall be called first;

(c) the Person making the appeal may call witnesses in support of his case;

(d) at the discretion of the Chairman of the Appeal Panel, additional evidence may be presented by the Person making the appeal irrespective of whether or not the additional evidence was available to that Person or by reasonable enquiry could have been made available to that Person at the time of the original hearing;

(e) the Appeal Panel shall have discretion to hear any further witnesses and to seek such other evidence as they consider will be of assistance;

(f) the Appeal Panel may question the Appellant or any of the witnesses;

(g) in cases of the abuse of match officials, the match official may, through the Chairman of the Appeal Panel, question:

(i) the Person making the appeal; and

(ii) witnesses who have given evidence against the Person making the appeal; and

(h) the Appellant shall be given the right of the last word.

Decision

11.23 The Appeal Panel shall consider their decision in private and shall reach a decision on a majority vote with the Chairman having the casting vote in the event of equality.

11.24 Any sanction or suspension imposed, confirmed or varied by the Appeal Panel shall normally commence on the day following the date of the appeal, but may be



delayed to take account of the end of the season or other relevant factors, or backdated if the player has not played since the incident.

- 11.25 The decision of an Appeal Panel shall be final and binding upon the parties, and there shall be no further right of appeal from it.
- 11.26 The Appeal Panel shall deliver its decision to the parties to the appeal proceedings orally at the end of the hearing or in writing within five days after the conclusion of the hearing.
- 11.27 Where a party to the appeal proceedings requires that written reasons be produced it must request such reasons within 48 hours following receipt of the decision, following which written reasons will be produced by the Appeal Panel as soon as is reasonably practicable.

Costs

- 11.28 Whilst the Appeal Panel shall have discretion in this regard, a Person making an unsuccessful appeal may be required to pay the costs of the appeal which may include:
 - (a) the costs of the Appeal Panel (including the cost of any independent members of the Appeal Panel);
 - (b) the travelling expenses of any match official or referee adviser that attended the appeal hearing; and
 - (c) the legal costs of the WRU (but not the legal costs of any other party to the appeal).



Appendix 1

Note: Any act of foul play which results in contact with the head shall result in at least a mid-range sanction

9.11 Players must not do anything that is reckless or dangerous to others

Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
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9.12 A player must not physically abuse anyone. Physical abuse includes, but is not limited to:

Biting	Low-end: 12 weeks	Mid-range: 18 weeks	Top-end: 24+ weeks	Max: 208 weeks
Intentional Contact with Eye(s) ¹	Low-end: 12 weeks	Mid-range: 18 weeks	Top-end: 24+ weeks	Max: 208 weeks
Reckless Contact with Eye(s) ²	Low-end: 6 weeks	Mid-range: 12 weeks	Top-end: 18+ weeks	Max: 208 weeks
Contact with Eye Area ³	Low-end: 4 weeks	Mid-range: 8 weeks	Top-end: 12+ weeks	Max: 52 weeks
Punching or striking with hand or arm (including stiff-arm tackle)	Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
Striking with the elbow	Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
Striking with shoulder	Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
Striking with head	Low-end: 6 weeks	Mid-range: 10 weeks	Top-end: 16+ weeks	Max: 104 weeks
Striking with knee	Low-end: 4 weeks	Mid-range: 8 weeks	Top-end: 12+ weeks	Max: 52 weeks
Stamping or Trampling	Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 12+ weeks	Max: 52 weeks
Tripping	Low-end: 2 weeks	Mid-range: 4 weeks	Top-end: 8+ weeks	Max: 52 weeks
Kicking	Low-end: 4 weeks	Mid-range: 8 weeks	Top-end: 12+ weeks	Max: 52 weeks

9.12 A player must not verbally abuse anyone. Verbal abuse includes, but is not limited to, abuse based on: religion, colour, national or ethnic origin, sexual orientation.

Low-end: 6 weeks	Mid-range: 12 weeks	Top-end: 18+ weeks	Max: 52 weeks
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9.13 A player must not tackle an opponent early, late or dangerously. Dangerous tackling includes, but is not limited to, tackling or attempting to tackle an opponent above the line of the shoulders even if the tackle starts below the line of the shoulders.

Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
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^{1, 2 & 3} The "eye" involves all tissues including the eye lids within and covering the orbital cavity and the "eye



area" is anywhere in close proximity to the eye.

9.14 A player must not tackle an opponent who is not in possession of the ball.

Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
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9.15 Except in a scrum, ruck or maul, a player who is not in possession of the ball must not hold, push, charge or obstruct an opponent not in possession of the ball.

Low-end: 2 weeks	Mid-range: 4 weeks	Top-end: 6+ weeks	Max: 52 weeks
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9.16 A player must not charge or knock down an opponent carrying the ball without attempting to grasp that player.

Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
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9.17 A player must not tackle, charge, pull, push or grasp an opponent whose feet are off the ground.

Low-end: 4 weeks	Mid-range: 8 weeks	Top-end: 12+ weeks	Max: 52 weeks
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9.18 A player must not lift an opponent off the ground and drop or drive that player so that their head and/or upper body make contact with the ground.

Low-end: 6 weeks	Mid-range: 10 weeks	Top-end: 14+ weeks	Max: 52 weeks
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9.19 Dangerous play in a scrum.

- a. The front row of a scrum must not form at a distance from its opponents and rush against them.**
- b. A front-row player must not pull an opponent.**
- c. A front-row player must not intentionally lift an opponent off their feet or force the opponent upwards out of the scrum.**
- d. A front-row player must not intentionally collapse a scrum.**

Low-end: 2 weeks	Mid-range: 4 weeks	Top-end: 8+ weeks	Max: 52 weeks
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9.20 Dangerous play in a ruck or maul.

- a. A player must not charge into a ruck or maul. Charging includes any contact made without binding onto another player in the ruck or maul.**

Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
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- b. A player must not make contact with an opponent above the line of the shoulders.**
- c. A player must not intentionally collapse a ruck or a maul.**

Low-end: 2 weeks	Mid-range: 4 weeks	Top-end: 8+ weeks	Max: 52 weeks
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9.25 A player must not intentionally charge or obstruct an opponent who has just kicked the ball.

Low-end: 2 weeks	Mid-range: 6 weeks	Top-end: 10+ weeks	Max: 52 weeks
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9.26 A player must not do anything that is against the spirit of good sportsmanship including but not limited to:

Hair pulling or grabbing	Low-end: 2 weeks	Mid-range: 4 weeks	Top-end: 6+ weeks	Max: 52 weeks
Spitting at anyone	Low-end: 4 weeks	Mid-range: 8 weeks	Top-end: 12+ weeks	Max: 52 weeks
Grabbing, twisting or squeezing the genitals (and/or breasts in the case of female players)	Low-end: 12 weeks	Mid-range: 18 weeks	Top-end: 24+ weeks	Max: 208 weeks
Other	Low-end: 4 weeks	Mid-range: 8 weeks	Top-end: 12+ weeks	Max: 52 weeks

9.27 A player must not disrespect the authority of a Match Official

Low-end: 2 weeks	Mid-range: 4 weeks	Top-end: 6+ weeks	Max: 52 weeks
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9.27 A player must not verbally abuse a Match Official. Verbal abuse includes, but is not limited to, abuse based on: religion, colour, national or ethnic origin, sexual orientation.

Low-end: 6 weeks	Mid-range: 12 weeks	Top-end: 18+ weeks	Max: 52 weeks
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9.27 A player must not make physical contact with Match Officials.

Low-end: 6 weeks	Mid-range: 12 weeks	Top-end: 18+ weeks	Max: 52 weeks
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9.27 A player must not use threatening actions or words towards Match Officials.

Low-end: 12 weeks	Mid-range: 24 weeks	Top-end: 48+ weeks	Max: 260 weeks
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9.27 A player must not physically abuse Match Officials.

Low-end: 24 weeks	Mid-range: 48 weeks	Top-end: 96+ weeks	Max: Life
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APPENDIX 2 WRU CODES OF CONDUCT

Mission Statement

We all have a responsibility, both on and off the field, to promote high standards of behaviour in the Game, as well as uphold the values and image of Welsh rugby.

In line with our strategic vision, our purpose is to ensure more people engage with rugby, as often as possible, with more enjoyment and more success. Our strategic vision is to encourage Club officials to be true to rugby's values and provide role model leadership within the community.

We all want to ensure we protect our players, officials, volunteers, referees and the image and values of our Game.

1. There are separate Codes of Conduct relating to:

- (a) Players;
- (b) coaches, team managers and Club officials;
- (c) match officials;
- (d) referee advisers;
- (e) spectators; and
- (f) social media and communications.

each of which shall be applied accordingly.

2. For breaches of the Codes of Conduct, the Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable) may impose such sanctions and penalties as it deems appropriate including, without limitation, a warning, a fine and/or points deduction. The imposition of sanctions and penalties shall be subject to the right to appeal in accordance with these Disciplinary Regulations.

3. A Code of Conduct Report should be submitted **within seven (7) days of the complained of incident**, in accordance with paragraph 5 below, to the WRU Disciplinary Department:

- (a) a Club or School;
- (b) match officials;
- (c) referee advisers;



- (d) coaches, team managers or Club officials; or
 - (e) a member of the Board of Directors.
4. A Code of Conduct case may be commenced by the WRU in accordance with Regulation 3.12 of the Disciplinary Regulations.
 5. A Code of Conduct Report shall contain:
 - (a) the name of the Person, Club, or School submitting the Code of Conduct Report;
 - (b) full details of the complaint; and
 - (c) any evidence relied on by the party submitting the Code of Conduct Report.
 6. The Disciplinary Officer shall determine what steps, if any, to take in relation to the allegations contained in the Code of Conduct Report in accordance with Regulation 3.12 of the Disciplinary Regulations.
 7. Where it is determined that disciplinary proceedings are to be commenced against a Person or Club, such disciplinary proceedings shall be commenced and conducted in accordance with Regulation 7 of the Disciplinary Regulations.
 8. If a match official is the subject of a Code of Conduct Report, the Chairman of the Disciplinary Panel shall discuss the issues raised in the Code of Conduct Report with the WRU's National Manager of Match Officials before deciding whether the matter should be referred to the Disciplinary Panel for determination.
 9. The WRU Disciplinary Manager may, in their sole discretion, refer a Code of Conduct complaint to the Disciplinary Officer and/or Panel or such other person whom the WRU Disciplinary Manager considers to be appropriately experienced for review, in order to establish whether the complaint satisfies the threshold for further action/sanctioning, before any disciplinary proceedings are commenced.
 10. For the avoidance of doubt, nothing in a Code of Conduct complaint shall preclude the WRU from exercising its power to commence disciplinary proceedings against a Club in accordance with Regulation 7 of the Disciplinary Regulation
 11. Failure to comply with the following Codes of Conduct at all times, may result in the WRU Disciplinary Panel or the WRU Professional Disciplinary Panel imposing such sanctions and penalties as it deems appropriate in accordance with the Disciplinary Regulations.



1. CODE OF CONDUCT FOR PLAYERS

Promote and comply with the Laws of the Game and Regulations

1.1 Players shall:

- (a) adhere to the Laws of The Game, the World Rugby Regulations, the Rules and Regulations of the WRU, the rules of any competition (on and off field), in which their Club participates in and their Club rules at all times;
- (b) comply with the WRU's Anti-Doping Rules and all anti-doping regulations issued by World Rugby and WADA;
- (c) comply with the WRU's Safeguarding Policy; and
- (d) comply with the Anti-Corruption and Betting Regulations issued by World Rugby.

Promote High Standards of Behaviour

1.2 Players shall win and lose with dignity, shall uphold the values and spirit of the Game and shall take all possible steps to prevent the Game from being brought into disrepute.

1.3 Players shall:

- (a) speak to team-mates, the opposition, spectators, match officials and their coach/manager with respect on and off the field; and
- (b) respect and observe the authority of match officials' and their decisions at all times.

Ethical and Professional Behaviour

1.4 Players shall conduct themselves at all times in an ethical and professional manner and observe the highest standards of integrity and shall not engage in any conduct or any activity (whether on or off the field) that may impair public confidence in the honest and orderly conduct of a match, tour, tournament or series of matches or in the integrity and good character of any person.

1.5 Players shall not:

- (a) engage in offensive, insulting or abusive language or behaviour towards match officials, opposition Players, coaches, team managers, officials and spectators;
- (b) engage in bullying, intimidation or harassment of match officials, opposition players, coaches, team managers, officials and spectators; or



(c) engage in any behaviour that is likely to intimidate, offend, insult, humiliate or discriminate against any other Person on the grounds of their religion, race, sexual orientation, colour or national or ethnic origin.

Social Media and Communications

- 1.6 Players shall not engage in public criticism (whether via social media or social networking sites or otherwise) of any Club, match officials, opposition Players, coaches, team managers, Club officials, spectators or any other Person which might be defamatory, improper, threatening, abusive, indecent, insulting, offensive or that brings or has the potential to bring the Game into disrepute.
- 1.7 Players shall comply with the Code of Conduct in respect of Social Media and Communications.



2. CODE OF CONDUCT FOR COACHES, TEAM MANAGERS AND CLUB OFFICIALS

For the purposes of this Code of Conduct, Club officials shall include any member of a Club.

Promote and comply with the Laws of the Game and Regulations

2.1 Coaches, team managers and/or Club officials shall:

- (a) adhere to the Laws of The Game, the World Rugby Regulations, the Rules and Regulations of the WRU, the rules of any competition (on and off field), in which their Club participates in and their Club rules at all times;
- (b) comply with the WRU's Anti-Doping Rules and all anti-doping regulations issued by World Rugby and WADA;
- (c) comply with the WRU's Safeguarding Policy; and
- (d) comply with the Anti-Corruption and Betting Regulations issued by World Rugby.

Promote High Standards of Behaviour

2.2 Coaches, team managers and/or Club officials shall uphold the values and spirit of the Game.

2.3 Coaches, team managers and/or Club officials shall win and lose with dignity, shall uphold the values and spirit of the Game and shall take all possible steps to promote the reputation of the Game at all times and to prevent the Game from being brought into disrepute.

2.4 Coaches, team managers and/or Club officials shall:

- (a) speak to Players, the opposition, spectators, match officials, Club officials and other coaches/managers with respect on and off the field;
- (b) respect and observe the authority of match officials' and their decisions at all times;
- (c) take all reasonable steps to ensure that Players and/or other Club employees under their control respect and observe the authority of match officials' and their decisions at all times;
- (d) never enter the field of play without the referee's permission and always adhere to the published technical zone protocol.

Ethical and Professional Behaviour

2.5 Coaches, team managers and/or Club officials shall conduct themselves at all times in an ethical and professional manner and observe the highest standards of integrity and shall not engage in any conduct or any activity (whether on or off the field) that may impair public confidence in the honest and orderly conduct of a match, tour,



tournament or series of matches or in the integrity and good character of any person.

2.6 Coaches, team managers and/or Club officials shall not:

- (a) engage in, encourage or condone offensive, insulting, abusive language, gestures or behaviour towards the match officials, opposition players, coaches, team managers, officials and spectators (on and off the field);
- (b) engage in bullying, intimidation or harassment of match officials, opposition players, coaches, team managers, officials and spectators;
- (c) engage in any behaviour that is likely to intimidate, offend, insult, humiliate or discriminate against any other Person on the grounds of their religion, race, sexual orientation, colour or national or ethnic origin.

2.7 Club officials shall ensure that there is in force at their Club a fair and effective disciplinary policy applicable to Players, coaches, team managers, Club officials and other employees under his/her control and that it is applied consistently.

Social Media and Communications

2.8 Coaches, team managers and/or Club officials shall not engage in public criticism (whether via social media or social networking sites or otherwise) of any Club, match officials, opposition Players, coaches, team managers, Club officials, spectators or any other Person which might be defamatory, improper, threatening, abusive, indecent, insulting, offensive or that brings or has the potential to bring the Game into disrepute.

2.9 Coaches, team managers and/or Club officials shall comply with the Code of Conduct in respect of Social Media and Communications.

Promote the Codes of Conduct

2.10 Coaches, team managers and/or Club officials shall not encourage or incite any Person (including other employees of his Club) to act in breach of the Code of Conduct and shall take all possible steps to ensure that they comply with them.

2.11 Coaches, team managers and/or Club officials shall put measures in place to ensure that all spectators fully comply with the Code of Conduct (see spectator guidelines) and take sufficient action if spectators are not upholding the standards of behaviour expected.



3. CODE OF CONDUCT FOR MATCH OFFICIALS

Promote and comply with the Laws of the Game and Regulations

3.1 Match officials shall:

- (a) adhere to the Laws of The Game, the World Rugby Regulations, the Rules and Regulations of the WRU, the rules of any competition (on and off field), in which they participate in;
- (b) comply with the WRU's Anti-Doping Rules and all anti-doping regulations issued by World Rugby and WADA;
- (c) comply with the WRU's Safeguarding Policy; and
- (d) comply with the Anti-Corruption and Betting Regulations issued by World Rugby.

Promote High Standards of Behaviour

3.2 Match officials shall uphold the values and spirit of the Game and shall take all possible steps to prevent the Game from being brought into disrepute.

3.3 Match officials shall:

- (a) speak to Players, spectators, other match officials and coaches/team managers with respect on and off the field;
- (b) support match official colleagues at all times;
- (c) set a positive personal example by promoting good behaviour and showing respect to everyone involved in the Game; and
- (d) respond in a clear, calm and confident manner to any appropriate request for clarification by the team captains and/or coaches when appropriate;

Ethical and Professional Behaviour

3.4 Match officials shall:

- (a) conduct themselves at all times in an ethical and professional manner and shall observe the highest standards of integrity and shall not engage in any conduct or any activity (whether on or off the field) that may impair public confidence in the honest and orderly conduct of a match, tour, tournament or series of matches or in the integrity and good character of any person;



- (b) endeavour to apply the Laws of the Game fairly and to an agreed interpretation as specified by the WRU and to provide the style of play as determined by the WRU when appropriate; and
- (c) deal with all instances of violence, aggression, unsporting behaviour, Foul Play and other misconduct.

3.5 Match officials shall not:

- (a) tolerate offensive, insulting or abusive language or behaviour from players and officials; or
- (b) engage in public criticism of other match officials, referee advisers, players, coaches, team managers, officials and/or spectators.

3.6 Match officials must wear the agreed kit and comply with the terms of any sponsorship agreement(s) as determined by the WRU from time to time.

3.7 Match officials are expected to attend disciplinary hearings involving them whenever requested to do so. Where such attendance is not possible, the reason for non-attendance must be provided to the WRU Disciplinary Department in advance of the relevant hearing.

Social Media and Communications

3.8 Match officials shall not engage in public criticism (whether via social media or social networking sites or otherwise) of other match officials, Players, coaches, team managers, Club officials and/or spectators which might be defamatory, improper, threatening, abusive, indecent, insulting, offensive or that brings or has the potential to bring the Game into disrepute.

3.9 Match officials shall comply with the Code of Conduct in respect of Social Media and Communications.



4. CODE OF CONDUCT FOR REFEREE ADVISERS

Promote and comply with the Laws of the Game and Regulations

4.1 Referee advisers shall:

- (a) adhere to the Laws of The Game, the World Rugby Regulations, the Rules and Regulations of the WRU, the rules of any competition (on and off field), in which they participate in;
- (b) comply with the WRU's Anti-Doping Rules and all anti-doping regulations issued by World Rugby and WADA at all times;
- (c) comply with the WRU's Safeguarding Policy; and
- (d) comply with the Anti-Corruption and Betting Regulations issued by World Rugby.

Promote High Standards of Behaviour

4.2 Referee advisers shall uphold the values and spirit of the Game and shall take all possible steps to prevent the Game from being brought into disrepute.

4.3 Referee advisers shall:

- (a) speak to Players, spectators, other match officials and coaches/managers with respect on and off the field;
- (b) support match official colleagues at all times;
- (c) set a positive personal example by promoting good behaviour and showing respect to everyone involved in the Game; and
- (d) respond in a clear, calm and confident manner when providing feedback to match officials on performance.

Ethical and Professional Behaviour

4.4 Referee advisers shall:

- (a) conduct themselves at all times in an ethical and professional manner and shall observe the highest standards of integrity and shall not engage in any conduct or any activity that may impair public confidence in the honest and orderly conduct of a match, tour, tournament or series of matches or in the integrity and good character of any person; and



- (b) report all instances of violence, aggression, unsporting behaviour, Foul Play and other misconduct.

4.5 Referee advisers shall not:

- (a) tolerate offensive, insulting or abusive language or behaviour from players and officials; or
- (b) engage in public criticism of other referee advisers, match officials, players, coaches, team managers, officials and/or spectators.

4.6 Referee advisers are expected to attend disciplinary hearings involving them whenever requested to do so. Where such attendance is not possible, the reason for any non-attendance must be provided to the WRU Disciplinary Department in advance of the relevant hearing.

Social Media and Communications

4.7 Referee advisers shall not engage in public criticism (whether via social media or social networking sites or otherwise) of other referee advisers, match officials, Players, coaches, team managers, Club officials and/or spectators which might be defamatory, improper, threatening, abusive, indecent, insulting, offensive or that brings or has the potential to bring the Game into disrepute.

4.8 Referee advisers shall comply with the Code of Conduct in respect of Social Media and Communications.



5. SPECTATOR CODE OF CONDUCT

Coaches, team managers and all Club/School officials **will be wholly responsible** for the behaviour of their spectators and any proven breach of the WRU's Codes of Conduct shall result in possible sanctions being imposed against the Club / School.

Every possible step should be followed by Club officials to ensure that the provisions of these Regulations are not breached.

1. Spectators must uphold the values of both the Club / School and the WRU and at all times and exhibit the highest standards of good behaviour.
2. Spectators must not enter onto the field of play immediately before, during or immediately after a match.
3. Clubs are required to provide a barrier (roped or otherwise), either permanent or temporary, and spectators must remain behind the barrier and adhere to the published Technical Zone Protocol at all times.
4. Spectators must not at any time throw objects onto the field of play.
5. Spectators must never engage in or tolerate offensive, insulting or abusive language or behaviour towards the match officials, Players, coaches, team managers, officials and opposing spectators.
6. Spectators must never engage in or tolerate physical abuse or behaviour towards the match officials, Players, coaches, team managers, officials and opposing spectators.
7. Spectators must not verbally or physically abuse Referees or other match officials before, during or after a match. **The Referee's contribution to all matches is vital. Without referees there can be no match.**
8. After a match, spectators must respect the Players and officials of both teams and not under any circumstances approach them in anything other than a sporting and friendly manner.
9. Spectators must not approach a referee or any other match official after the match to discuss the events of the match.



6. SOCIAL MEDIA AND COMMUNICATIONS CODE OF CONDUCT

For the purposes of this Code of Conduct, Club officials shall include any member of a Club.

Clubs

6.1 Clubs must:

- (a) decide how the content of their Club's website and/or social network page ("Club's Media Output") will be managed within their Club.
- (b) delete/manage any inappropriate comments posted by their coaches, team managers, Players Club officials and/or spectators (or otherwise) on their Club's Media Output; and
- (c) ensure the person managing the Club's Media Output is fully aware of the guidelines in place, as well as the WRU Codes of Conduct.

Expectations and Standards Required

- 6.2 A Player, coach, team manager or Club official shall promote their Club online in a positive way.
- 6.3 A Player, coach, team manager, Club official, match official and referee adviser shall not promote poor sportsmanship online.
- 6.4 A Player, coach, team manager, Club official, match official and referee adviser shall not incite violence on or off the field through the use of social media.
- 6.5 A Player, coach, team manager, Club official, match official and referee adviser shall not publish or cause to be published in any medium (including via any social media or social networking websites or otherwise) or make any public criticism of any Club or any match official, coach, team manager, Club official, Player and/or employee of his or another Club or any other Person which might be defamatory, improper, threatening, abusive, indecent, insulting, offensive or that brings or has the potential to bring the Game into disrepute.
- 6.6 A Player, coach, team manager, Club official, match official and referee adviser shall not publish or cause to be published in any medium (including via any social media or social networking websites or otherwise) criticism of the manner in which the Disciplinary Panel, WRU Professional Disciplinary Panel or the Appeal Panel (as applicable) handled or resolved any dispute or disciplinary matter.
- 6.7 Pursuant to Regulation 2.12, and subject to Regulations 2.13 to 2.16, of the Disciplinary Regulations, all oral or written representations, submissions, evidence and documents



created in the course of any proceedings (to include decisions) are confidential (together “Confidential Proceedings Materials”). A Player, coach, team manager, Club official, match official and referee adviser shall not publish or cause to be published in any medium (including via any social media or social networking websites), any Confidential Proceedings Materials.



APPENDIX 3

Cross-Border Friendly Matches – Disciplinary Protocol

1. This Protocol sets out the agreed arrangements that Unions within England, Wales, Scotland, Ireland, France and Italy will have in place in order to effectively deal with any (on or off-field) disciplinary issues that arise out of a cross-border friendly Match being played within the jurisdiction of the Host Union. It does not apply to National Representative Team matches (as defined in World Rugby Regulation 1).

2. Due to the practical/logistical difficulties in host Unions having to deal with visiting Players that have been sent-off or cited in cross-border friendly matches and have subsequently returned to the territory of their Home Union, it is agreed (as per World Rugby Core Principle (n) Regulation 17) that the following principles will apply:
 - (a) Ordering-Off
 - Any Player that is ordered-off the playing enclosure will be dealt with by a disciplinary body appointed by the Player's Home Union;
 - Where a visiting Player is ordered-off, the Host Union will ensure that all relevant information/evidence (for example, the Match Official's red card report, match footage etc.) is provided to the Home Union in order to ensure that the Home Union's disciplinary body is in a position to deal with the case effectively;
 - The disciplinary body's decision and the reasons for its decision shall be communicated to the other Union.

 - (b) Team Citing (no Citing Commissioner appointed)
 - Teams have a power to cite an opposition Player no later than 48 hours of the conclusion of the match in which the foul play is alleged to have occurred to the disciplinary contact within their Home Union;
 - The citing must be in writing and shall include all relevant evidence /information to establish a prima facie case;
 - The citing Team's Home Union shall forward the citing complaint and supporting information/evidence to the cited Player's Home Union as soon as practicable, and in any event within 24 hours;
 - The disciplinary body of the cited Player's Home Union shall consider the citing complaint and shall deal with it in accordance with its domestic disciplinary regulations;



- The citing Team may be required to present the case for the citing (for example, if the citing is contested) (either by attending in person or by tele/video conference) and the cited Player's Home Union shall ensure that appropriate arrangements are in place (including, if required translation facilities) to facilitate this.
- The disciplinary body's decision and the reasons for its decision are to be provided to the citing Team's Home Union.

(c) Misconduct

- In accordance with World Rugby Regulation 18.1.2, a Person that brings the Game into disrepute, engages in conduct, behaviour or practices which may be prejudicial to the interests of the Game shall be subject to sanction by their Home Union.

(d) Appeals

- Only the person, Player or Club that is the subject of the disciplinary action may appeal to their Home Union's disciplinary appeal body.



APPENDIX 4

PROTOCOL FOR MATCHES IN WALES

Before the Match

Clubs are responsible for notifying match officials of the date, venue, kick off time and team colours at least **72 hours** before the match.

1. Match officials will arrive at the ground at least 60 minutes before kick off and Clubs should make their arrangements based on this. **Failure to notify a match official of a postponement prior to his arrival at the ground may result in the home Club having to reimburse the referee's travel costs.**
2. **Clubs are responsible for the safety of match officials during the time that they are at the Club in question.** Where possible, a referee liaison officer should be appointed by the home Club to be responsible for match officials.
3. Match officials will be available up to 30 minutes prior to kick off to Club captains and coaches for discussions regarding the Laws of the Game, kit and other relevant matters.
4. Access to the match officials' dressing room(s) is restricted to persons who have a legitimate reason for seeing them and then only with the express consent of the referee.
5. Clubs will submit their team sheet and replacements to the referee before taking the field for kick off, indicating the replacement front row players and the name of the Club Coach permitted inside the playing enclosure Technical Zone. Once this has been submitted no changes should be made without the permission of the referee. The Club coach named, will be responsible for the Club's compliance with the WRU Technical Zone Protocol during the match.

A team sheet **must** identify any player(s) on permit, dual registration and/or loan and their parent Club.

6. Clubs must comply in full with World Rugby Regulations relating to medical treatment of Players on the day of the Game.



7. The referee will ensure that the two captains are available to toss up prior to taking the field before kick off. Stud and padding inspection will take place immediately following the toss up.
8. The match balls should be available for inspection by the match officials at least 15 minutes prior to kick off.
9. The home Club shall be responsible for ensuring that the playing area/enclosure is fit to play on and is free of all materials/substances that would prevent the match starting at the allocated time e.g. broken glass, animal droppings etc.
10. **The playing enclosure must be roped off.**

During the Match

11. **Premier Division Clubs** must provide technical zones and comply with the Technical Zone Protocol issued by World Rugby as set out below. The Technical Zone Protocol shall be deemed to have been automatically amended to reflect any amendment or change approved by World Rugby during the season.
12. Clubs must restrict entry to the playing enclosure to all but players, match officials, ball boys, replacements when required, two coaches, two water carriers, two medical support staff, and where necessary, television personnel. **Coaches must remain in the Technical Zone.**
13. **At no time will they be allowed to move along the touchline.** Medical staff will be allowed to enter the playing enclosure to treat injured players or to supply drinks in the manner agreed by the referee. Replacements will only be allowed to enter the playing enclosure when nominated to participate in the match.
14. Clubs from the Championship Division through to Division 3 will provide an area clearly indicated for medical support personnel and one Club Coach from each team.
15. An agreed warm up area may be designated following consultation between the Clubs and match officials.
16. Replacements will only enter the field of play at the half way line after the player being replaced has left the field. Replacements will only be allowed during a stoppage of play and when the match official has clearly signalled the replacement.



17. Drinks will only be permitted during a stoppage in play. **Drinks must not be taken on following the awarding of a penalty.**
18. Clubs must ensure that spectators do not attempt to assault, intimidate or verbally/physically abuse match officials.
19. Where match officials leave the field at half time, Clubs must ensure that there is no entry to their dressing room during that period by any Player, Coach, Club administrator or spectator.

After the Match

20. At the end of the match Clubs should ensure that match officials are not assaulted, harassed or abused by Players, coaches, Club officials or spectators and are escorted safely to their dressing room.
21. There should be no unauthorised entry to the match officials' dressing room(s) after the end of the match. Players, coaches, spectators and Club officials should not attempt to enter this area unless with the express permission of the match officials.
22. Clubs are responsible for ensuring that match officials leave the Clubhouse and ground safely without any harassment or abuse from Players, coaches, Club officials or spectators.

Sanctions for a breach of this protocol will be applied in accordance with Articles 14 – 17 of the WRU's Articles of Association (as the same may be amended from time to time)

Technical Zone Protocol

1. Dimensions of the Technical Zone

- a. Two technical zones must be provided within the playing enclosure on the same side of the pitch, each one on either side of the half-way line and outside the field of play.
- b. These technical zones must be marked on the ground.
- c. The line nearest the touch line must be parallel to the touch line.



- d. The technical zones commence **a minimum of** five metres from the half-way line. The technical zones must not exceed ten metres in length and three metres in width and must be at least two metres from the touch line (see below graphic)
- e. Wherever practically possible, the technical zones should be behind advertising hoardings with easy access to the field of play.
- f. At any venue where there is insufficient space for such technical zones at the places identified above, alternative places and/or dimensions shall be designated by the WRU.

2. Personnel permitted in the Technical Zone

- a. No more than two medically trained persons (certified doctors or physiotherapists only) and two water carriers per team are permitted to operate from the technical zones.
- b. Club Coaches must remain within the confines of their own 10m line and halfway line or take up a position behind the posts within the playing enclosure throughout the match.
- c. No other person (including team officials or Players) is permitted in the technical zones.
- d. One of the medical personnel permitted to operate from the technical zone, may be positioned instead on the far side of the playing area on the touch line opposite the technical zone. No person may replace such medically trained personnel in the technical zone at any time.
- e. Where practically possible, the medical personnel on the far side of the playing area must stay outside the advertising hoardings. The medical personnel on the far side may keep up with play but must pay due regard to the needs and rights of Players, spectators, broadcasters and commercial partners.
- f. The medical personnel may enter the field of play in accordance with the Laws of the Game at any time a Player is injured. They **must not** obstruct, interfere or aim comments at match officials.
- g. Substituted Players must return to their allocated seats in the stand or if no stand, they must move outside the playing enclosure.



3. Role of Water Carriers in the Technical Zone

- a. Water may only be taken on the playing area during stoppages in play for injuries in the playing area or when a try has been scored.
- b. **Only the two authorised water carriers are permitted in the playing area. They are not permitted in the playing area during penalty kicks at goal.**
- c. The water carriers must remain in the technical zone at all times unless they enter the playing area to provide water or when **ONE** enters to provide a kicking tee to a kicker at a penalty kick.
- d. Players may come to the touch line adjacent to the technical zone to receive water.
- e. Water bottles must not be thrown on to the field of play.

NB – Apart from injuries requiring a doctor or stretcher, there can only be a maximum of 4 personnel on the field from each Club during a stoppage.

4. Management of the Technical Zone

- a. All personnel permitted in the technical zones in accordance with this Technical Zone Protocol must wear an appropriate distinguishing mark e.g. arm bands/vests/bibs (where appropriate).
- b. Where appointed, the fourth and fifth officials will manage the technical zones. If there is a transgression of the protocol, the matter will be reported to the referee.
- c. The referee may caution any offender or at his discretion expel the person(s) from the playing enclosure for any breach of this Technical Zone Protocol.
- d. Any breach of the Technical Zone Protocol may be reported to the WRU who shall be entitled to undertake investigations and, where deemed appropriate, impose sanctions.



- e. Should any Person be expelled from the playing enclosure for a breach of the protocol they must be reported by the referee to the WRU Disciplinary Panel or the WRU Professional Disciplinary Panel (as applicable), who shall be entitled to undertake investigations and, where deemed appropriate, impose sanctions

5. **Personnel outside of the Technical Zone**

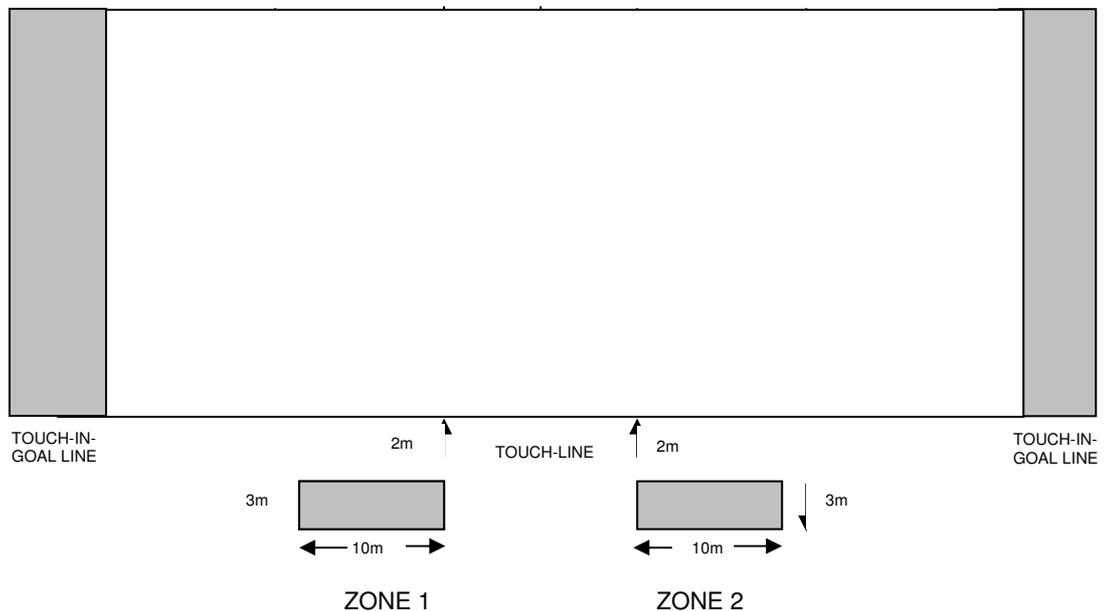
- a. If replacements require to warm up and there is not an area outside the playing enclosure, they may warm up in the opposition in-goal area but must not use balls in their warm up.

Technical Zone:



MEDICALLY

TRAINED PERSON





Appendix 5

Player Directions – Personal Hearings

Red Card Cases

By requesting a personal hearing before the Disciplinary Committee, the Player who was shown the red card must send to the chairman of the Disciplinary Committee (or his designee) and the Disciplinary Officer a written statement setting out the following matters:

- (a) whether he/she is the Player who was shown the red card;
- (b) whether he/she accepts that the Official Report(s) is/are (a) true and accurate account(s) of the incident that resulted in the showing of the red card and the facts surrounding the incident;
- (c) whether he/she accepts that he committed an act or acts of Foul Play as set out in the Official Report(s);
- (d) whether he/she accepts that that act/those acts warranted a red card;
- (e) whether he/she will try to show that the referee's decision to show the Player a red card was wrong;
- (f) if so, why he/she says the referee's decision was wrong (in summary), and what evidence (and/or authorities) he/she will rely on to support his/her position.
- (g) who will be attending the hearing.

Citing Cases

Upon receipt of the citing complaint (and upon receiving an invitation to attend a hearing before the Disciplinary Committee) the Player named in the citing complaint must send to the chairman of the Disciplinary Committee (or his designee) and the Disciplinary Officer, by email and/or fax a written statement setting out the following matters:

- (a) whether he/she is the Player named in the citing complaint;
- (b) whether he/she accepts that the citing complaint is a true and accurate account of the incident that resulted in the citing;
- (c) whether he/she accepts that he committed an act or acts of Foul Play as set out in the citing complaint;
- (d) whether he/she accepts that that/those act(s) warranted a red card;



- (e) if he/she does not accept that the citing complaint did not warrant a red card and what evidence he/she will rely on to support his position.

- (f) who will be attending the hearing.



Appendix 6

Disciplinary Process Timelines/Timescales Summary

Regulation	Timeline	Page (s)
Response to answer a Red Card Charge	Within Seven (7) days of receiving the Charge.	11
Response to Request a Personal Hearing	Within Seven (7) days of receiving the Charge.	11
Report a Citing Complaint	Within Five (5) days of the date of the relevant match.	17
Report a Code of Conduct Complaint	Within Seven (7) days of the incident.	29
To Appeal a decision of a Disciplinary Panel	Forty Eight (48) Hours of notification of decision	19/20